



# NEW YORK SAILING CLUB

## NEWSLETTER

Mar.  
2009

**Commodore:** *Lloyd Sarakin (201) 891-3466*

**Vice Commodore:**

**Rear Commodore:** *Carol Halterbeck (212) 595-9868*

**Fleet Captain:** *Leon Levy (718) 884-3190*

**Advisors:** *Dean Fuller (860) 526-1212 and Sally Small (718) 884-1786*

**Asst. Fleet Capt:** *Scott Stevenson (631) 864-9584*

**Treasurer:** *Walter Friedrichs (914) 633-5411*

**Editor & Sec.:** *Geraldine Gaal (212) 734-5275*

**Asst. Sec.:** *Susan Wheeler (212) 879-4991*

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**Non-members welcome at all New York Sailing Club functions, on- or off-the-water.**

**Membership meetings, September to April: See below for present venue.**

**Summer-season meetings June to September at various boating venues.**

**Check our web site: <http://www.NewYorkSailingClub.org>**

**Contacts Webmaster: Notify Commodore**

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### COMING EVENTS

#### CLUB

**March 19, Thursday: “Maritime History, Part I: 700 BC – Viking”** Captain Lada Simek, Senior Director of the Beneath the Sea Organization, a wreck researcher, marine educator and writer, will give a lecture on ancient seafaring, both military and commercial, with slides and early marine artifacts. (Part II will be featured at one of our fall Thursday evening socials.) Dinner at 6, Social at 7. The Parlour, 250 W. 86th Street (near Broadway). Take #1 or #9 train..

**April 16, Thursday: “Come Wind, Come Weather”** When Brookes and Jeanne Heywood retired they built their own yacht, and 4 years later had tales to tell of Hurricane Grace, the Bermuda Triangle, the Azores, the Straits of Gibraltar and ... well, come join us and hear, and see, their story for yourselves. (Check out the review of their book in this issue.) Dinner at 6, Social at 7. The Parlour, 250 W. 86th St.

**May 17, Saturday: “Going into Commission Dinner”** - Mark your calendar! Details to follow.

#### AROUND THE SOUND

**March 28, Saturday: “AIS / MMSI / RESCUE 21: Is Anybody There? Does Anybody Care?”** Halloween Yacht Club is offering this free workshop, 10:00 a.m. – 12:00 p.m. Reservations required. Contact B. Weiss, 203-329-2503 or R. Glassman, 203-322-0592.

**April 23, Thursday: “Sail Trim for Every Sailor”** Harlem Yacht Club, 7:00 p.m. Free Spring Sailing Seminar, check out the attached flyer for details.

#### AND DON'T FORGET

**Please send your NYSC Renewal**, with updated contact information, and a \$60 check to Susan Wheeler (421 East 78 Street, 1C, New York, NY 10075) by March 15, so that you will be included in the 2009 Roster, which will be mailed in April - *Walter Friedrichs, Treasurer.*

**From the Commodore:** - Our Thursday evenings are sailing smoothly along. The *Race to Bermuda* video let us experience sailing as it is today, now our March 19<sup>th</sup> evening will give us a view of what it was like 2,700 years ago. How much has changed since then? Come and judge for yourselves.

Who doesn't know Execution Rocks, one of our favorite places we avoid running into thanks to its distinctive, and still working, lighthouse. But the grand old lighthouse is getting a little shabby and a rescue has been mounted by a preservation society that intends on sprucing it up? Check out the flyer in this issue to learn more about this endeavor. Craig Morrison, head of Historically Significant Structures, Inc., has advised me that helping hands, along with open hands, are being sought in this area to help with the restoration and he hopes to be in New York City in April to promote the cause. We will keep you informed of developments.

Lastly, we have been getting solicitations, from both club members and outside parties, to help promote various environmental, preservationist and educational seminars that might be of interest to our members by using not only our newsletter, but now our email distribution list. Although we are always willing to partner with the boating community in spreading the word, we must respect the privacy and desire of our membership not to be inundated with information they do not want. Please remember that all such requests for the use of the newsletter and emailing list must be submitted to the Commodore for approval. Your attention to this procedure is appreciated.. – *Lloyd Sarakin*

**From the Assistant Fleet Captain:** - Captain Lada Simek is an author, wreck historian, scuba instructor and a diver who has spent fifty years diving the waters of Long Island Sound. He has located and explored over fifty shipwrecks. He is also an educator and will be giving a presentation on Maritime History. You will learn about ship construction from pre-history to the age of Vikings. Many pictures will depict building methods as they changed through the ages. You will see boat designs both good and suicidal. You will see and learn the background of *Kon Tiki*, *Ra* and others. You may also appreciate the historical fact that if 50,000 men had not died on one day in 700 BC, you would now be speaking Arabic. Come join us for this fascinating evening. – *Scott Stevenson*

***COME WIND, COME WEATHER***  
***(Letters from Adamastor)***  
*by Brooks & Jeanne Heywood*

This delightful publication is proof positive that local can, indeed, be 'lekker'. Frequently, local publications fall short of even half-decent standards when it comes to quality of presentation and/or writing. But, of course, there are exceptions, and Brookes and Jeanne Heywood's account of four years of sailing adventures in the Atlantic, Caribbean and Mediterranean is one of them. It is refreshingly unpretentious, very entertaining and always interesting. Above all it is beautifully written and ought to be a benchmark for other aspiring sailing/travel writers in South Africa.

A retired academic couple, the Heywoods describe a seemingly pre-ordained sailing route from their first meetings as teenagers, to the day Brookes decided they needed to go bluewater sailing; across an ocean. So, turning their Cape Town home and garden into a boat builder's yard, they built a 40-footer they called *Adamastor*, and eventually set off to fulfil a dream.

They write of the ups and downs of life aboard, of tranquil bays and days, and of the violence of the sea that can so easily turn that dream into a disaster. The presentation of their tale is quite unusual. Most of the accounts and observations are based on letters to friends, and husband and wife, skipper and mate, take turns at delivering the narratives. That lends a warm, personal touch, and by the book's end, the reader almost feels as though the Heywoods have become old friends.

Armchair sailors, and those more seriously contemplating taking the plunge, as did the Heywoods so many years ago, will find much to enjoy in their story. I certainly did. (*Book Review by Dave Beattie, in Sailing S.A.*)

**NEW YORK SAILING CLUB**  
**2009 Membership Renewal**  
**Please return by March 15, 2009**

To remain a member in good standing and to ensure that your name and particulars will be in the 2009 membership roster, please send your **\$60** check for your 2009 dues to:

**Walter Friedrichs**  
**87 Stratford Road**  
**New Rochelle, NY 10804**

Make your check payable to:  
*New York Sailing Club*

***Review the 2008 Roster!!!***

**Check Area Codes, ZIP codes, email and cell phone numbers.**

**If you misplaced the 2008 Roster, call Susan at (212) 879-4991 to review your listing.**

Please provide below your name and any changes from the 2008 listing. If there are no changes please so indicate.

Name: \_\_\_\_\_ Phones: (H): \_\_\_\_\_ (B) \_\_\_\_\_  
Street: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_  
Email: \_\_\_\_\_ Fax: \_\_\_\_\_ Cell: \_\_\_\_\_

**Boat Owners**

Type or class of boat \_\_\_\_\_ LOA \_\_\_\_\_ Hull color \_\_\_\_\_  
Name of boat \_\_\_\_\_ R/T \_\_\_\_\_ Call # \_\_\_\_\_  
Sail # \_\_\_\_\_ PHRF Rating \_\_\_\_\_ Race w/spinnaker? \_\_\_\_\_  
Home port: \_\_\_\_\_ Winter yard: \_\_\_\_\_  
Experience: \_\_\_\_\_

**Corinthians**

Experience racing \_\_\_\_\_  
Experience cruising \_\_\_\_\_  
Seamanship courses last two years \_\_\_\_\_  
Special skills (spinnaker, helm, navigation, cooking) \_\_\_\_\_

**All** Are you interested in chartering? \_\_\_\_\_ Summer? \_\_\_\_\_ Winter \_\_\_\_\_ Do you own a car? \_\_\_\_\_  
In the past year, did you accomplish any sailing feats that might interest other members?  
\_\_\_\_\_  
\_\_\_\_\_

.....  
**WAIVER AND RELEASE**

In consideration of my membership and participation in any New York Sailing Club Inc. event, I hereby release and agree not to sue and forever discharge New York Sailing Club, Inc. and its predecessors, successors, assigns and the officers, directors, agents, representatives, attorneys, employees, committees and members past and present, from all actions, causes of action, suits, debts, demands and claims (including attorney's fees) including but not limited to any claims arising out of Federal, State or local laws, claims for personal injuries or tort claims wrongful death or any other claims whatsoever regardless of legal theory which I, my administrators and assigns hereafter can, shall or may have for, upon, or by reason of caused directly or indirectly by my membership and participation in the club. I understand that in connection with any on the water activity, that the safety of my yacht and crew and the decision whether to start or continue to participate is my responsibility and not that of any person sponsoring or undertaking such race or activity. I will inform all crew members of any yacht which I sail in any such race or activity of their responsibilities for their safety. I agree that this waiver is binding on my heirs, representatives, successors and assigns.

Signature (required): \_\_\_\_\_ Date: \_\_\_\_\_

Print name: \_\_\_\_\_

# The HARLEM YACHT CLUB

## Spring Sailing Seminars

### Free and Open to All

#### **Sail Trim for Every Sailor** **Thursday, April 23 at 7pm**

Paul Beaudin will discuss how sail trim affects our sailing experience. Offering insights that can improve how you sail, whether racing or cruising, in a round table discussion, at the Harlem Yacht Club.

Paul and his wife Wendy sail their J-24 'La Express' at Harlem Yacht Club. Paul is a Senior Race Officer for US Sailing and the Captain of the J-24 fleet. Paul holds several world and national sailing titles with a racing career that spans almost 40 years. As a sailmaker and sailing consultant, Paul has offices on City Island, representing Doyle Sailmakers worldwide.

The Harlem Yacht Club is located at:  
417 Hunter Ave, City Island, NY.

See our web site(<http://hyc.org/directions>) for directions

Contact Paul Beaudin, ([paulbeaudin@doyleplochsails.com](mailto:paulbeaudin@doyleplochsails.com)) 800-237-4453 or  
917-584-5194  
or Don Haviland ([entertainment@hyc.org](mailto:entertainment@hyc.org))

## Execution Rocks Lighthouse Historical Restoration Project

Nassau County, Long Island New York  
[www.LighthouseRestorations.org](http://www.LighthouseRestorations.org)



### The History of Execution Rocks Lighthouse:

Execution Rocks was built in 1867 with 20,000 tons of granite deposited onto natural rocks. The granite was excavated from Manhattan. The lighthouse is still an active beacon for ships today.



The lighthouse gets its name from the rocks it was built on, which were used by the British to execute colonists who rebelled. The British did not want these colonists to become martyrs on the main land, so they were tied to the rocks during low tide. They died of drowning when the tides rose.

In 1851 President George Washington used the rocks as a decoy to shipwreck the British boats that followed him! This piece of exciting history makes Execution Rocks the perfect structure to restore to its original splendor.

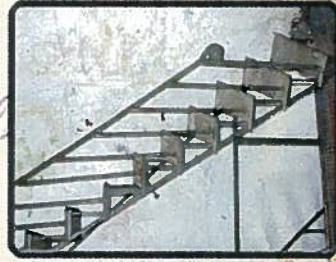
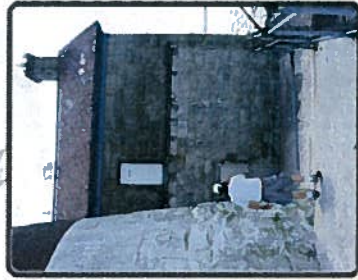
### Environmentally Sound Methods:

Historically Significant structures cares about the environment and will use EPA and NPS standard methods to restore Execution Rocks to its original 1867 form. It's important to keep the ocean surrounding the rocks free from lead and other debris so we will be using state-of-the-art equipment and methods to ensure a safe restoration.

### The Goal of Historically Significant Structures:

Our goal is to restore and maintain the structures for public use and enjoyment. We need to raise hundreds of thousands of dollars to restore Execution rocks to its original beauty. Checks can be made out to:

HISTORICALLY SIGNIFICANT  
STRUCTURES INC.  
201 S. 18TH ST., #1418  
PHILADELPHIA, PENNA., 19103 USA



Historically Significant Structures, Inc is a federal and state non-profit organization approved by the federal government as a 501 (c) 3 to accept charitable donations.

### Corporate Mission:

To obtain historic lighthouse properties available to nonprofit organizations through the National Historic Preservation Act of 2000.(NHILPA) P.L.. 106-355.

